

CULTURE AND SPORTS

**INFORMATION
BOOKLET
2017**

WAITAKI GIRLS HIGH SCHOOL VALUES

At Waitaki Girls, we strive for and expect excellence in all academic, sporting, cultural and social activities that the school provides.

We provide a challenging curriculum with learning opportunities for all in a disciplined and caring environment.

SPORTS

Many sports are offered to students at Waitaki Girls' High School. We are lucky to have committed teachers, parents and volunteers who coach and manage our sports teams all year round. The school has a proud history of local, South Island and National successes.

Students are encouraged to become involved in a sporting endeavour while at school - there are many to choose from.

Historically, WGHS has had a very high sporting participation rate.

CULTURE

There are a variety of cultural and service activities at Waitaki for students to participate in.

Drama

Theatrical types can join the ever-growing Drama Club, which is now fifty-students strong. The Drama Club is separated into Junior and Senior although there are some projects in which the students work together. Both Senior and Junior Drama Club present one production per year and they are responsible for the acting as well as the back-stage crewing to give the students the opportunity to learn all the roles involved in theatre. Every second year the students can opt to take part in the Waitaki combined -schools' production.

Music

Waitaki Girls' boasts a number of co-curricular musical groups - Chamber Music, the Choir, Orchestra, the combined schools' Youth Orchestra, Kapa Haka, Pasifika and the bi-annual School Production. The students are encouraged to develop their performance skills by participating in local and national competitions, and performing to our very appreciative North Otago community at every opportunity.

Itinerant Music Programme

Students can learn an instrument through the Itinerant Music Program. If a student intends to learn Music in Year 11 as an option then learning an instrument is a compulsory measure to ensure that the student achieves well in NCEA. Presently we offer itinerant Music teachers of Drums, Guitar, Violin, Clarinet, Cello, Double-Bass, and singing during and outside school hours. We have dedicated visiting teachers from the Timaru area as well as local Oamaru teachers which are contracted individually with the teacher. We have an excellent music suite, complete with the technology to support composition work, and plenty of rehearsal space. To find out more about music at Waitaki Girls', please contact our Music Department.

If you have any question please contact the following:

SPORT

Kirstie Pritchard-
kpritchard@waitakigirlshigh.school.nz
03 4346587 ext 202
027 2120029

CULTURE

Mrs S Hellier
shellier@waitakigirlshigh.school.nz
03 4346587 ext 251

STUDENT COMMITMENT

Participating in sport / culture involves commitment to the team /group and coach/teacher. Girls must be prepared to meet all playing and training commitments. Possible clashes of interest, such as work and other sporting pursuits, need to be considered before committing to a sport. If you can't meet all the requirement discuss with the coach or Teacher in charge at the start of the season.

- * Trustworthiness — be worthy of trust in all you do.
- * Respect — treat all people with respect all the time and require the same of other student athletes.
- * Respectful Conduct — don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- * Participation — Do it for reasons of enjoyment and personal satisfaction.
- * School Rules — All school rules apply in relation to smoking, alcohol and drugs.
- * All students are required to maintain 85% attendance and follow our Waitaki Way values (respectful, responsible and resilience) towards all schooling. These are our requirements when representing Waitaki Girls' High School.

2017 INTERSCHOOL DATES

INTERSCHOOL	DATE	VENUE
Timaru Girls' High Summer	Tuesday 28th March	Timaru
Timaru Girls' High Winter	Monday 29th May	Oamaru
Christchurch Girls' High Summer	Monday 3rd & Tuesday 4th April	Christchurch (Overnight)
Christchurch Girls' High Winter	Tuesday 13th June	Oamaru (Bullet help required)
North Otago Sports Day	TBC	Oamaru
Quadrangular Tournament	Monday 7th & Tuesday 8th August	Christchurch (Overnight)
Triangular Tournament	Wednesday 23rd August	Dunedin
Otago Girls' High Junior Winter	TBC	Oamaru

ATHLETICS



General Information

- * Season: Term 1 & 4
- * Practise: After school & lunchtimes
- * Home Venue: Wilson Park or Whitestone Contracting Park
- * Teams Available: WGHS team
From WGHS Athletics day, the best 2 in each event qualify for Aoraki.
From Aoraki Athletics Tournament, the best 3 in each event qualify for South Island Tournament.

Competition

- * WGHS Athletics day
13th & 22nd February
Whitestone Contracting Park
- * Aoraki Athletics 14th March
Timaru
- * SISS Athletics 1st & 2nd April
Dunedin
- * NZ Champs 1st - 3rd December
Hastings

Equipment

- * WGHS Athletics - P.E. t-shirt and black shorts
- * Aoraki and SISS - WGHS Athletics singlet (supplied), black shorts and black pants.
Sports Jacket (hire from office)
- * Team uniform (supplied)

Expected Costs (estimate)

- * Aoraki - \$30
- * SISS - \$30 per day
payment due before tournaments
- * NZSS - TBC

Contact Person Mrs Viv Hay
vhay@waitakigirlshigh.school.nz

General Information

- * Trials: Term 2 (interschool teams)
- * Season: Term 2
- * Practice Days: Yr 9,10 & 11 lunchtimes
Seniors before or after schools
- * Competition Days: Interschools, Aoraki
Champs and Nationals
- * Venue: WGHS Rec Centre
- * Teams Available: Seniors and Juniors

Competition

- * Interschool
- * Aoraki Secondary Schools Tournament
9/08/17
- * Nationals 4-7/9/17

Equipment

- * P.E. Top
- * Shorts
- * Sneakers

Expected Costs (estimate)

- * Season subs: Junior \$20, Senior \$30
payment due end of Term 2
- * Interschools: TBC
- * Aoraki: \$35

Contact Person

Mrs Di Roberts
droberts@waitakigirlshigh.school.nz

BADMINTON



BASKETBALL



General Information

- * Trials: Term 1
- * Season: Term 2 - 3 Wednesday (Junior) and Monday (Senior) nights
- * Practise: Most teams lunchtimes, 'A' teams after school or mornings
- * Home Venue: WGHS Rec Centre
- * Teams Available: Senior A, Year 9A Year 10A, Social for all years

Competition

- * North Otago Competition
- * Interschool
- * Otago Secondary Schools
- * Aoraki Secondary Schools
- * SISS Champs

Equipment

- * Black Shorts
- * Court Shoes
- * Team singlets (supplied)

Expected Costs (estimate)

- * Season subs: TBC
payment due start of the season
- * Aoraki subs: \$30
- * Interschool: TBC

Contact Person

Mr Paul Selbie
pselbie@waitakigirlshigh.school.nz

BOWLS

General Information

- * Season: Term 1 and 4
- * Practice day: Wednesday 4 - 5.30pm
- * Competition Days: Aoraki Champs, Zone Qualifying for Nationals
- * Venue: Meadowbank Bowling Club
- * Teams Available: Singles and Pairs

Competition

- * Aoraki Secondary Schools Tournament
- * North Otago Competition

Equipment

- * Flat sole shoes
- * Bowls supplied

Expected Costs (estimate)

- * Season subs: \$10 (North Otago)
- * Aoraki \$30

Contact Person

Kirstie Pritchard
kpritchard@waitakigirlshigh.school.nz



CRICKET



General Information

- * Sign up: Term 1 and 4
- * Season: Term 1 and 4
- * Practise: Lunch time with the option practise with North Otago Friday afterschool
- * Team Available: 1st XV

Competition

- * North Otago Competition
- * NZCT secondary Girls Tournament
- * Interschool's

Equipment

- * P.E. top for North Otago Comp
- * Cricket whites for NZCT tournament

Expected Costs (estimate)

- * Season subs: \$25
payment due 2 weeks into season
- * NZCT: TBC
- * Interschool's: TBC

Contact Person

Kirstie Pritchard
kpritchard@waitakigirlshigh.school.nz

CROQUET

General Information

- * Sign up: Term 1 and 4
- * Season: Term 1 and 4
- * Practise: TBC
- * Team Available: Teams of 2 or 4

Competition

- * North Otago Inter - club Competition
- * South Canterbury Competition
- * Aoraki secondary Schools Competition
- * Nationals

Equipment

- * Soft soled shoes
- * All croquet equipment is supplied

Expected Costs (estimate)

- * Season subs: \$10
- * Tournaments: TBC

Contact Person

Mrs Megan Sinclair
msinclair@waitakigirlshigh.school.nz



DRAMA



General Information

- * Season: All year round
- * Venue: Room A1
- * Practice: Every Thursday lunchtime
- All year levels welcome

Activities

- * Improvisation
- * Theatre Sports
- * Script analysis and discussion

Performance

- * Present plays
- * Perform for year 8's
- * Assist with Theatrix, Gala and any event where our talents are required

Contact Person

Mrs Sherilyn Hellier
sheiller@waitakigirlshigh.school.nz
Drama Captain– Shinitta Murphy

FOOTBALL

General Information

- * Season: Term 2 & 3
- * Venue: Oamaru Showgrounds and away games
- * Practice: Must attend weekly practice TBC
- * We encourage and need parental support for the teams

Competition

- * Football Waitaki Youth Girls Competition
- * Aoraki Secondary School Football tournament
- * Interschool - Timaru Girls high
 - Otago Girls High
 - Southland Girls High
 - Christchurch Girls High

Equipment

- * P.E. Shorts
- * Football Socks (black)
- * Shin pads (FIFA requirement)
- * Football boots
- * Singlet
- * Playing tops (will be provided)

Cost

Season Subs: \$50

Interschool: TBC

Contact Person

Dr Helen McIntyre

hmcintyre@waitakigirlshigh.school.nz



GEOCACHING

General Information

Join an active Geocaching Club within Waitaki Girls' High School. You will go on a number of field trips both at weekends and after school, looking for hidden caches.

Equipment

* Good walking shoes

Expected Costs (estimate)

* Season subs: nil

* Trips: \$5 - \$10 depending on the trip

Contact Person

Jamie Walters

jwalters@waitakigirlshigh.school.nz



GOLF

General Information

- * Season: All year round
- * Competition Days: Lunch times TBC
- * Venue: Local club
- * Teams Available: WGHS school team

Competition

- * Aoraki Secondary Schools Tournament
- * Local Competition - Girls are encouraged to join local clubs and North Otago Junior Golf (programme runs March - November & includes coaching, tournaments and etiquette)

Expected Costs (estimate)

- * Season subs: set by local club

Contact Person

Any help you need to join a local club contact

Kirstie Pritchard

kpritchard@waitakigirlshigh.school.nz



HOCKEY

General Information

- * Trials: late March / early April
- * Season: March - end of Term 3
- * Practise: TBC
- * Home Venue: The Turf, Centennial Park
- * Teams Available: 1st XI , 2nd XI

Competition

- * North Otago Competition
- * Aoraki Secondary School
- * Interschool

Equipment

- * Mouth Guard
- * stick
- * Team uniform (supplied)

Expected Costs (estimate)

- * Season subs: \$165
payment due 2 weeks into season
- * 1st XI will have tournament cost

Contact Person

Ms Anna McIntosh
amcintosh@waitakigirlshigh.school.nz



KAPA HAKA

General Information

- * Season: All year round
- * Practice : TBC lunchtimes, will liaise with students availability
- * Venue: TBC
- * North Otago Hui alternate years (2017)

Performances (possible)

- * Oamaru Library
- * Preschools
- * Assembly
- * Mana Pounamu Awards Night

Equipment

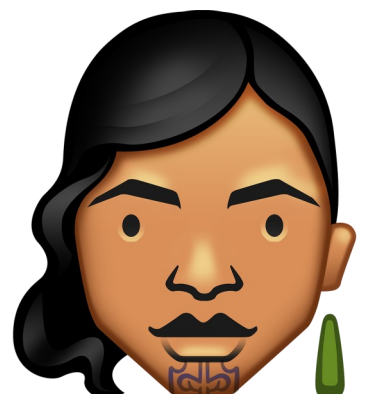
- * All equipment is supplied

Expected Costs (estimate)

- * Depends on performances

Contact Person

Mrs Glynis Ingram
gingram@waitakigirlshigh.school.nz



LIBRARY

General Information

- * Library hours 8.30am - 3.30pm
- * Open at interval and lunchtime
- * Student librarians Year 10 and up, girls go on a roster for interval or lunch
- * Librarians hold a book club
- * Students are allowed 3 books, for 3 weeks
- * Books maybe extended and reserved
- * Netbooks and computers to use for research and homework

Contact Person

Tangiwai Robinson
tarobinson@waitakigirlshigh.school.nz

Head Librarians

Serena Choie
Ashleigh Hazlewood



General Information

Season: Term 1 & 4

Venue: Oamaru, Cromwell, Mosgiel, Dunedin

Competitions

- * Otago Secondary School Duathlon
- * Otago / Southland SS Triathlon
- * South Island SS Triathlon / Duathlon
- * Get 2 Go (Yr9 & 10)
- * 12 hour Adventure Race

Equipment

- * School singlet supplied
- * Provide own equipment

Expected Costs (estimate)

- * Travel costs and entry fee is worked out for each event

Contact Person

Mrs Di Roberts

droberts@waitakigirlshigh.school.nz

MULTISPORT



MUSIC

General Information

Season: Week 2 (term 1) - whole year

Tuition: Tuition is given for a number of different instruments

Competition: All groups will be required to perform at special occasions

Venue: WGHS Music suite and
M.K. Dunning Hall

Instruments

- * Piano
- * Guitar
- * Bass Guitar
- * Woodwind
- * Brass
- * Strings

Practice Times

Youth Orchestra

WGHS Music Suite

Tues 3.45 - 5.00pm

Waitaki Singers & Combined Choir

WGHS Music Suite

Tues lunchtime & Thurs 3.40 - 5pm

Expected Costs (estimate)

There is no charge for music lessons

Some instruments maybe available for hire.

Contact Person

Miss Olivia Gonzales

ogonzales@waitakigirlshigh.school.nz



NETBALL

General Information

- * Trials: March dates TBC
- * Season: Last weekend T1 and T2 & 3
- * Practice: Team dependant, at least once per week, usually twice
- * Venue for home competition:
N.O. Netball Centre (Taward St Courts)

Teams

- * Senior
- * Intermediate
- * Junior Competitive
- * Social - all age groups

Competitions

- * N.O. competition
- * Aoraki
- * Otago Secondary Schools
- * South Island Secondary Schools
- * Interschool x2

Equipment

- * Netball Uniform (Supplied)
- * Netball Shoes

Expected Costs (estimate)

- * Yr9 & 1st time WGHS players - \$140
- * Yr 10 & above - \$90

Payable by week 2, term 2

Contact Person

Mrs Louise Lane
llane@waitakigirlshigh.school.nz



PASIFIKA PERFORMANCE GROUP



General Information

- * Season: All year round
- * Practice : TBC lunchtimes, will liaise with students availability
- * Venue: TBC

Performances (possible)

- * Oamaru Library
- * Preschools
- * Otago Polyfest (September)

Equipment

- * possible new uniform, depending on group decision

Expected Costs (estimate)

- * Polyfest Trip: TBC
payment due before travelling
- * new uniforms if needed

Contact Person

Mrs Glynis Ingram
gingram@waitakigirlshigh.school.nz

ROWING

General Information

- * Trials: September
- * Season: Term 1 and 4 (also winter training)
- * Practice days: up to 5x per week
- * Home Venue: Oamaru Harbour (some Twizel training)
- * Teams Available: Single, Scull, Pairs and fours

Competition

- * Oamaru Rowing Club Regattas
- * Regional Club Regattas
- * South Island Secondary School Regatta
- * Maadi Cup

Equipment

- * Training Clothes
- * Boats (provided by Oamaru Rowing Club)
- * Oamaru Rowing Clothing - Polo Shirt \$35
Hoodies \$50, Club hats \$10
Rowing Suits \$90 or \$50 to hire
- * WGHS Rowing Suit \$90

Expected Costs (estimate)

- * Oamaru Rowing Club sub \$650
- * Travel, food, accommodation per regatta \$120 (Approx)
- * NZSSRA Annual Fee split between WGHS Rowers

Contact Person

Mrs Liz Ballantyne

lballantyne@waitakigirlshigh.school.nz

Parent Manager

Angela Morgan

angsambay@hotmail.com



RUGBY



General Information

- * Season: Term 2 - 3
- * Practise: 2x after school per week
- * Home Venue:
- * Teams Available: 1st XI

Competition

- * Otago Secondary Schools
- * South Canterbury Secondary Schools
- * Interschool

Equipment

- * Mouth Guard
- * boots
- * Team uniform (supplied)

Expected Costs (estimate)

- * Season subs: \$90
payment due 2 weeks into season
- * Interschool cost: TBC

Contact Person

Mr Jamie Walters
jwalters@waitakigirlshigh.school.nz

Students Against Dangerous Driving

is about promoting young drivers safety to prevent loss on our roads. **SADD** focuses on the key risk factors for young drivers.

As a group students work together to support and change.

General Information

- * Sign up: For Yr12 & 13 only, Term 1
- * Meetings: Meeting times advertised in the school notices
- * No cost

Contact Person

Mrs Jenny Corlet
jcorlet@waitakigirlshigh.school.nz

SADD





SPORT CLIMBING

Sport Climbing / Rock Climbing

General Information

- * Season: Term 2 and term 3
- * Practise: Friday lunchtime
- * Venue: School Gym (Rec Centre)

Equipment

- * School P.E. gear

Expected Costs (estimate)

- * \$20

Contact Person

Mrs Lynne Hamilton
lhamilton@waitakigirlshigh.school.nz

SWIMMING

General Information

- * Season: Term 1
- * Practice Days: Girls usually belong to a swimming club
- * Venue: Waitaki Aquatic Centre

Competition

- * WGHS Swimming Sports
- * Aoraki Champs
- * Otago Champs
- * South Island Secondary School Champs

Equipment

- * Togs
- * Googles

Expected Costs (estimate)

- * depends on event

Contact Person

Mr Paul Selbie
pselbie@waitakigirlshigh.school.nz



TENNIS



General Information

- * Season: Term 1 & 4
- * Practise: Run by students
- * Home Venue: WGHS courts
- * Teams Available: Junior and Senior, singles and doubles

Competition

- * Collegiate
- * School Champs
- * Interschool
- * Aoraki Secondary School Champs
- * South Island Secondary School champs

Equipment

- * Athletics top
- * Black Skirt
- * Sports uniform

Expected Costs (estimate)

- * WGHS Season subs: no cost payment due 2 weeks into season
- * Collegiate - \$45

Contact Person

Dr Helen McIntyre
hmcintyre@waitakirlshigh.school.nz

TOUCH

General Information

- * Trials: Term 1 (Interschool teams)
- * Season: Term 1 & 4
- * Practise: TBC
- * Home Venue: N.O Touch Competition
Centennial Park
- * N.O Touch Competition: Tuesday
after school (***Student organise their own teams***)

Competition

- * North Otago Competition
- * Aoraki Secondary School
- * Interschool

Equipment

- * Touch shoes or sneakers (essential)
- * Team uniform

Expected Costs (estimate)

- * N.O Competition Subs: \$20
payment due before season starts
- * Interschool costs: TBC

Contact Person

Ms Anna McIntosh
amcintosh@waitakigirlshigh.school.nz

